



“Be Educated and Active Together”

November 2009



November Program

On **Thursday, November 19**, **Dawn L. Sammons, DO**, will present our November program. Dr. Sammons is back by popular request. She has her own practice, Oakview Dermatology, in the Castrop Center in the O’Bleness Medical Park in Athens. Her services include providing diagnosis and treatment for skin diseases and skin cancers, as well as offering cosmetic services.

During her presentation, Dr. Sammons will discuss winter skin care and will answer general questions as well. We will meet at **2 p.m.** in **O’Bleness’ Lower Level Room 010**.

October Program

Our October program was a presentation by **Dennis Powell**. He discussed the Chautauqua shows of the 1800s, and provided some very interesting information. For example, the shows began as an adult educational program.

It was great to have such a wonderful turnout for Dennis, though we are sorry for the disappointment regarding Marjorie Thompson. She became extremely ill just prior to her engagements here in Athens at the Fur Peace Ranch and had to cancel everything. It is my understanding that she is recovering and somewhat back to work. Dennis appreciates the concerns expressed for his friend as well.



An outstanding turnout for Dennis Powell.



Dennis Powell speaks to SeniorBEAT members.

Lunch Program

Our **December** lunch program will be canceled due to the holidays. Watch the next newsletter for our plans for January.

History Group

For our history program on **Thursday, December 10**, I have invited **Dru Riley Evarts** to share her wealth of knowledge about the **U.S. Supreme Court**.

Dru taught Communication Law in the School of Journalism for over 30 years at Ohio University and went to the Supreme Court for her third and fourth Sabbaticals for research. She is still employed by Scripps Howard News service in Washington D.C.

as their Vacation Relief Editor at the Universal News desk.

Dru will meet with us at **1 p.m.** in **O'Bleness' Lower Level Room 008**, to share information on the history of the Supreme Court as well as her insight into the personalities of the Justices. You won't want to miss this very interesting and informative program!

Book Club

Our December book selection is *The Uncommon Reader* by **Alan Bennett**. This is a very pleasant, easy to read novel about an unusual person who frequents the public library in London, and her interactions with some of the other patrons. This is a very fun read that we will discuss on **Monday, December 14, at 10 a.m.** in **O'Bleness' WillowView Café**.

Book Club List

January

Jane Eyre by Charlotte Bronte

February

Mary Todd Lincoln: a biography by Jean H. Baker

March

We Are Welcome Here by Elizabeth Berg

Singing Group

On the **third Friday of the month** a group of SeniorBEAT members get together to sing well-known old folk songs and to enjoy each other's company.

Recently, we have been given the opportunity to borrow a different booklet of songs (includes music), which offers quite a different variety of music.

We meet at the Community Center to use their piano and we have a couple of piano players, though we sometimes sing without accompaniment. We are not

particular, as we like to do this for fun. We would welcome anyone who enjoys singing, playing the banjo, guitar, ukulele or anything else to join us. Give us a try at 1 p.m. on the third Friday of the month – it is a lot of fun! For additional information call **Peggy** at **(740) 592-2871**.

Did You Know?

Effective **October 1, 2009**, there is a late fee for all vehicle registrations and driver's license that are expired more than seven days. A late fee of **\$20 per transaction** will be added to the regular fee. It should also be noted that we are allowed to renew 90 days before the sticker or license expires.

Announcements

The Ohio Bureau of Motor Vehicles (BMV) has created an emergency contact database. Ohio citizens with a valid driver's license or state identification card can voluntarily provide emergency contact information that can be obtained and used in case of a car accident. Anyone interested in utilizing this service should visit the BMV website, www.bmv.ohio.gov/.

SeniorBEAT newsletters and calendars are now online at www.obleness.org under Services, SeniorBEAT.

Anyone who would like to receive program reminders by e-mail may send e-mail to: baum@ohio.edu to join the e-mail list.

Photos and/or videos may be taken during SeniorBEAT activities. If you do not wish to be photographed please notify **Peggy Irwin**, SeniorBEAT coordinator at **(740) 592-2871**.

**Remember: Wash hands often and sneeze/cough into arm bend!
Also – Keep hands away from face as much as possible!!**