

“Plus One” Residency Program in NMM/OMM

Mission/Purpose of Program

O’Bleness Memorial Hospital/Ohio University College of Osteopathic Medicine (OU-COM) “Plus One” residency training in Neuromusculoskeletal Medicine and Osteopathic Manipulative Medicine is designed to accommodate the individual learning needs of osteopathic physicians who have completed an American Osteopathic Association (AOA) approved internship and residency. This program provides the qualified resident with advanced and concentrated training in Neuromusculoskeletal Medicine and Osteopathic Manipulative Medicine and prepares the resident for examination for certification in Neuromusculoskeletal Medicine and Osteopathic Manipulative Medicine.

The program will ensure that the resident will learn the philosophy, principles and practices of osteopathic manipulative medicine, including osteopathic manipulative treatment. The resident will be exposed to various models of osteopathic manipulative medicine and multiple modalities of osteopathic manipulative treatments.

Upon completion of this residency training program, the graduate will be prepared to undertake the distinctive practice of Neuromusculoskeletal Medicine and Osteopathic Manipulative Medicine.

The Director of Medical Education and the “Plus One” Program Director shall guide the residents through the educational process with the goal of producing highly skilled and qualified osteopathic physicians.

At O’Bleness Memorial Hospital, we are dedicated to the teaching staff’s emphasis on

medical education over the resident’s service to the institution.

Program Content

General

The program content of the O’Bleness Memorial Hospital’s residency will comply with the AOA Basic Standards for “Plus One” Residency Training in Neuromusculoskeletal Medicine and Osteopathic Manipulative Medicine.

Continuity of Care Clinic

The resident will participate in a continuity of care clinic where he/she will be assigned a panel of patients (150 minimum) and work in the clinic an average of two half-days per week. The resident will be responsible, under supervision, for the osteopathic care of the assigned panel of patients. Patients assigned, as part of the designated panel of patients, will have documented multiple visits to the clinic and reflect a variety of diagnoses compatible with the educational objectives of the residency. The resident will have completed at least 400 patient encounters at the clinic during the course of the residency. The continuity of care training will provide the resident with progressive responsibility in longitudinal patient care, conceptual and practical development of diagnostic and treatment skills in Neuromusculoskeletal Medicine and Osteopathic Manipulative Medicine. The clinic shall provide the resident with an introduction to and progressive responsibility for preventive health care delivery and knowledge of community and rehabilitative resources in total patient care.

Hospital Care

In-patient care will be provided at O’Bleness Memorial Hospital. The resident will participate at the level of Neuromusculoskeletal consultation. The

resident shall be supervised by the NMS Program Director of other designated OMM faculty when he/she is performing osteopathic manipulative treatments on patients. The resident shall participate in all phases of the consultation, including patient evaluation, management, including the delivery of osteopathic manipulative treatment, and documentation of the consult and follow-up notes. Consultation and in-patient care will be performed on patients with a broad variety of diagnoses compatible with the educational objectives of the program.

Academic Training

The resident will provide and participate in monthly lectures/labs/workshops to students, interns, and residents that are based at O'Bleness Memorial Hospital and OUCOM. The resident shall follow the OUCM/CORE OMM Curriculum during the academic year. The NMS Program Director of other designated OMM faculty shall supervise those lectures/labs and workshops providing direction and constructive criticism. The OMM lectures/labs/workshops are included in the regular didactic schedule at OUCOM & O'Bleness Memorial Hospital. Faculty Development specialists from OUCOM shall provide the resident with special training in lecture skills and learning techniques.

Osteopathic Philosophy

The resident will study osteopathic philosophy in depth, with particular emphasis on the writings of A.T. Still and other leaders in the osteopathic profession. The NMS Program Director shall make reading assignments that are consistent with the educational goals of the residency. The assignments shall include at least one text by A.T. Still.

Behavioral Science

The elements of behavioral science will be learned through patient interaction at the Continuity of Care Clinic and from lectures in the formal didactic sessions which address the interrelationship of body, mind, and spirit in health and disease.

Geriatrics

The resident shall acquire knowledge and skills in the diagnostic and osteopathic treatment of the geriatric patient. This training shall take place in the Continuity of Care Clinic and during the in-patient phase of the resident's rotations.

Internal Medicine

Internal Medicine training shall take place during the regularly scheduled didactic sessions, the Continuity of Care Clinic, and particularly during the in-patient rotations. The resident will rotate as the Neuromusculoskeletal Medicine and Osteopathic Manipulative Medicine resident on an Internal Medicine/Geriatric Service for at least 1 (one) month during the 12 months residency. During this time, the resident shall document the evaluation and treatment of at least 50 patients. The NMS Program Director or other designated OMM faculty shall supervise the resident in coordination with the Internal Medicine attending staff. The manipulative treatment shall address the pathophysiology of the disease process and not just the musculoskeletal complaints of the patient. The Teaching Service shall provide a broad spectrum of patients with multiple diseases. The resident shall participate in the care of patients with disease pertaining to cardiovascular medicine, pulmonology, gastrointestinal medicine, nephrology and infectious disease.

Surgery

The resident shall rotate for one month following general surgery patients, thoracic/vascular surgery patients, and EENT surgery patients. The resident shall rotate on the surgery service as the Neuromusculoskeletal Medicine and Osteopathic Manipulative Resident. The resident shall learn to utilize somatic clues in the differential diagnosis of surgical problems. Regularly scheduled didactics will also cover the osteopathic approach to the surgical patient. The resident will evaluate and treat, under the supervision of the NMS Program Director (or other designated OMM faculty) and the General Surgeons, at least 50 patients during the Surgery rotation.

Pediatrics

The osteopathic approach to the evaluation and treatment of pediatric patients shall be taught in the Continuity of Care Clinic and during regularly scheduled didactics. The resident shall also participate in the evaluation and treatment of newborns in the Nursery at O'Bleness Memorial Hospital. The resident shall be supervised in all treatments by the NMS Program Director or other designated OMM faculty. The resident shall document the evaluation and treatment of at least 50 patients during the twelve month residency.

Obstetrics/Gynecology

The integration of osteopathic concepts in the diagnosis and treatment of the obstetrical and gynecological patient shall be provided by didactics, Continuity of Care Clinic, and a one month rotation on the in-patient Ob/Gyn service. The resident shall rotate on the OB service as the Neuromusculoskeletal Medicine and Osteopathic Manipulative Resident. The resident shall document the evaluation and treatment of at least 50 patients on the OB rotation. All evaluations

and treatments shall be supervised by the NMS Program Director or other designated OMM faculty in coordination with the OB/GYN attending staff.

Neuromusculoskeletal Medicine

The resident shall obtain training in the evaluation and treatment of Neuromusculoskeletal diseases by a one month rotation in Neurology/Physical Medicine and four months rotation on the OMM service. The resident shall document the evaluation and treatment of at least 100 patients during the course of those five months. All evaluations and treatments of the neurological/physical medicine patients shall be supervised by the NMS Program Director (or other designated OMM faculty) in coordination with the Neurology/Physical Medicine preceptor. The four months of OMM rotation will be with the NMS Program Director and/or other designated OMM faculty. The resident shall learn to use their palpatory skills to identify clues for the differential diagnosis of neuromusculoskeletal problems, design osteopathic treatment plans, and rehabilitation to improve the function of the neuromusculoskeletal system.

MOVING POLICY

Moving expenses are paid up to \$500.00.

EXPENSES

Eligible

Moving expenses based upon standard common carrier tariffs will be paid only for moving household goods, furniture, clothing, appliances and books as well as other personal property related to the individual's profession. Such expenses may include charges for packing, insurance, disconnecting and connecting appliances.

Ineligible

- Personal travel expenses in connection with relocation.

- Storage charges, including in-transit storage and handling charges.
- Expedited moving charges.
- Transportation of animals or pets.
- Transportation of automobiles, boats or trailers.
- Moving building materials.
- Moving property pertaining to a commercial enterprise engaged in by the individual or members of his or her family.
- Maid service.
- Alterations to furnishings.

HOUSING

The City of Athens, a college community of approximately 35,000 (including OU students) rests in the hills of Southeastern Ohio, approximately 1 and ½ hours from Columbus, Ohio and 45 minutes from Parkersburg, WV. Ohio University provides a diversity of cultural events, including theater productions, concerts, lectures and Mid-American Conference (MAC) sports. Resources for finding housing accommodations include:

Local Realtors:

- Andy Sylvia Realty
(740) 592-1244
- Athens Hills Realtors
(740) 594-3543
- Athens Realty
(740) 592-1146
- Century 21 Realty, Inc.
(740) 594-4211
- Larry Conrath Realty
(740) 592-3015
- Bob Dellinger Realty
(740) 594-4848
- Hayes Real Estate
(740) 593-8867
- E R A Martin & Assoc.
(740) 593-3333
- Sole & Bloom Realtors
(740) 592-5263

The Medical Education Office is willing to have copies of The Athens Messenger sent to your

present home. Housing advertisements can be monitored, and prompt contact can be made to obtain housing in the Athens area prior to the starting date of your program. All we need is for you to let us know by calling (740) 592-9334 and this service will be implemented.

STIPENDS/BENEFITS

The base salary is \$ 41,000 for the current 2006 - 2007 First Year Residents (PGY II). Benefits are discussed below.

Fringe Benefits

Granted Time

CME, Rotating holidays and 10 vacation days.

Educational Conference/Materials

Funds are available subject to approval by the Director of Medical Education.

Malpractice Insurance

Provided by O'Bleness Memorial Hospital; covers program-sponsored activities.

Uniform

Two lab coats provided; all scrubs provided and laundered.

Health Insurance/Dental

Provided for you at no cost. There is an additional expense for coverage of family members.

Life Insurance/Disability

Provided for you at no cost. There is an additional expense for coverage of family members and/or supplemental life insurance.

Meals

Hospital provides meals up to \$3.00 each (25% discounted price), while on duty.

Moving Expenses

Moving expenses are paid up to \$500.00.